

# The 7-Day Courage to Act Challenge

**Small steps of obedience that build bold faith**

**Day 1:** Pray and ask God for one small step of obedience. Do it the same day.

**Day 2:** Write down one fear that's been holding you back. Cross it out and replace it with a truth from Scripture.

**Day 3:** Encourage someone else. Courage grows when you give it away.

**Day 4:** Take action on something you've been putting off (yes, even that phone call).

**Day 5:** Share a testimony—big or small—with someone. Speaking it strengthens your faith.

**Day 6:** Do something outside your comfort zone—even if it's just sitting in a new spot at church.

**Day 7:** Reflect: Where did you see God's hand when you stepped out? Write it down as your own 'courage story.'

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